

"The good thing about being a freshman is all of your choices are in front of you...
you just have to make the right ones."

FRESHMAN

Map Out...

Your 4 year plan

*Core academic courses to meet" Newman requirements

English – 4 cr

Social Studies – 4 cr

Science- 4 cr

Foreign Language – 2 cr

Math – 4 cr

Religion – 4 cr



Knowing... YOU

Figuring out what you like and are successful at will best help determine what you should pursue in both high school and college. What do you like? If you could do anything, become anything, what would it be? To answer this question, get involved in clubs, community service, sports or whatever defines you. Reflect on your experiences.

Take the "Size Yourself Up" survey

*Benefits to Take Challenging Classes

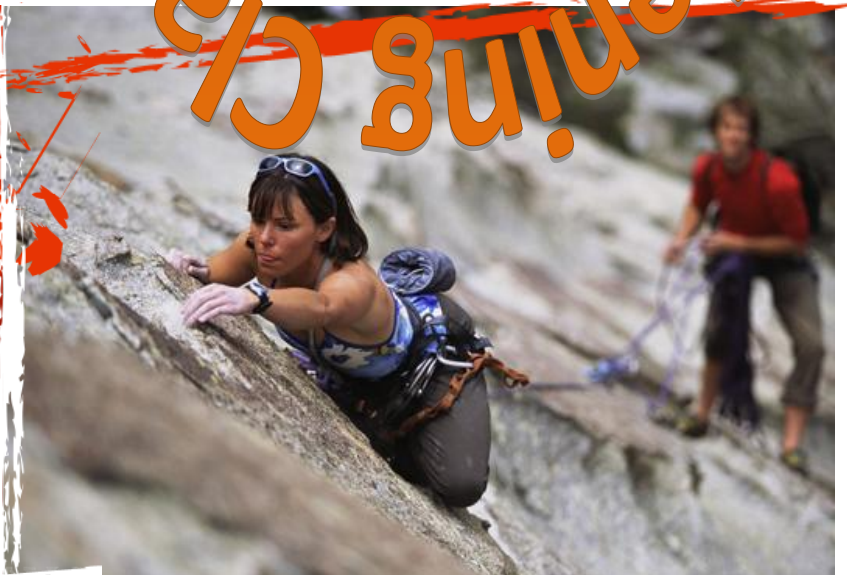
~Honors/AP/IB

Dual Enrollment~

- ★ Preparing yourself for college level coursework
- ★ Increasing the weight of your GPA
- ★ In your review for college admissions, classes that are above what's required are held in high regard
- ★ Possibility of receiving college credit

What colleges are looking for...

- ★ GPA/Class Rank
- ★ SAT/ACT scores
- ★ Extracurricular activities (resume)
- ★ Essay
- ★ Teacher/Counselor letters of recommendation



Charging Up

And Getting the Most Out of Your Freshman Year

"Everyone says that the key to success in school is 'getting organized'. I disagree... It's STAYING organized!"



CHECK It out...

- Meet your Guidance Counselor
- Make a list of academic and personal goals. Update yearly
- Create a college folder
- Register for college web service sites (ex. www.collegeboard.com)
- Get on college mailing lists by:
 - Attending a college fair
 - "Request information" on the school's website
- Start scholarship search & applications
- Get involved!
 - Volunteer
 - Apply for a summer program

Figuring It Out

If you like:

Then:

Vet Medicine → Help out at an animal shelter
Medicine → Call a hospital to volunteer
Music → Work a radio station charity event
Education → Participate in an after school program at your local elementary school
Computers → Set up email accounts for seniors in retirement centers
Science → Tutor younger kids

Be Web Savvy

Careers

www.dreamit-doit.com

College Search

www.petersons.com

Majors

www.mymajors.com

Making Summer Count

www.acamps.org

Scholarship

www.finaid.org

www.fastweb.com

Volunteering

www.idealists.org

www.collegeanswer.com

www.campuscompare.com

www.myplan.com

www.supercamp.com

www.collegegold.com

www.knowhow2go.org

www.volunteermatch.org

CLASS OF '14